



*Adeco R. Rogers*  
The Trendy Socialite

Creating  
**THE LIFE**  
**YOU Want**

# Creating the life **YOU WANT**

**Dream with your eyes open and a pen in your hand. ~Adeea R. Rogers, The Trendy Socialite**

**What sparks my interest?**

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**What do I love doing so much I would do it for free?**

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**When I am most energized and focused, what am I working on?**

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**What groups of people do I love and have a special affinity for?**

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**What do I care about and want to focus on?**

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**Where would I like to live in my ideal life?**

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**What kind of community(ies) am I apart of and live in in my ideal life?**

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**What could the future look like if I could have it any way I wanted?**

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## **Vivid:**

The vision for the life you want to create graphically describes a new future for yourself, your family or tribe, an organization, society, cause or issue. The picture is compelling and appeals to the senses. It is visual, exciting, and optimistic.

## **Challenging:**

The vision for the life you want to create shows a **healthy disregard for the impossible.** Creating the life you want requires the investment of energy in order to transform the present into a new desirable future.

## **Service Directed:**

The life you want to create is not totally a selfish wish for what "I want." Vision is also a call to service, to give ourselves to something larger than ourselves.

## **Expandable:**

A powerful vision for the life you want to create is "robust" and often includes others.

## **Compelling:**

A vision for the life you want to create must be exciting and meaningful. It describes a future that **you** care about and want to invest in.

*It is also:*

- Described and written as if the vision has been reached.
- Makes your heart beat a little faster when you imagine the vision being reached.
- Can be reached even if YOU don't exist.
- Won't be accomplished overnight (and perhaps not even during your lifetime).



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**What are the benefits of the ideal life I want to create?**

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**How will life be different by creating the life I want?**

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**How will my life be if I do not do this?**

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**Three things that I have going for me to help me create the kind of life I want**

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**Three things that may keep me from creating the kind of future I want...**

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**The negative and destructive self-talk I need to be aware of is...**

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**I will fight this negative self-talk by...**

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**I need to learn the following skills in order to create the life I want**

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**I need the following resources to create the life I want**

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**I need the following types of support and people to create the life I want**

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**I will keep myself focused on what I want to create and the benefits by**

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Creating the life  
**YOU WANT**

Project: \_\_\_\_\_

What Are the  
**NEXT STRATEGIC ACTIONS?**

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